



## **RHSE Statutory Coverage Assurance**

### **Purpose**

The purpose of this document is to provide a concise overview of how the school's Relationships and Health Education curriculum is mapped and checked for statutory coverage.

RHSE is delivered primarily through the school's Coram SCARF PSHE curriculum, supported by the school's detailed Skills and Knowledge Progression, Vocabulary Progression and relevant statutory National Curriculum Science provision. The curriculum is organised progressively from EYFS to Year 6 and adapted through the school's two-year curriculum model for mixed-age classes.

### **Relationships Education**

Curriculum documentation provides planned learning relating to:

- Families and people who care for pupils through learning about people close to children, special people, family support, relationships and marriage.
- Caring friendships through friendship, kindness, cooperation, listening, compromise and healthy relationships.
- Respectful relationships through difference, respect, tolerance, diversity, stereotypes, bullying, prejudice-based bullying and bystander behaviour.
- Online relationships through online behaviour, online safety, digital literacy, critical digital awareness, digital footprints, media manipulation, AI and deep fakes.
- Being safe through body safety, safe and unsafe touch, secrets, privacy, personal boundaries, consent, trusted adults, assertiveness, managing risk and seeking help.

### **Health Education**

Curriculum documentation provides planned learning relating to:

- Mental wellbeing, including feelings, emotional regulation, loss, emotional needs, managing change, wellbeing, self-esteem and body image.
- Internet safety and harms, including safe online behaviour, online bullying, digital footprints, misinformation and disinformation, media influence and critical digital awareness.
- Physical health and fitness, including exercise, sleep, healthy choices and taking increasing responsibility for health.
- Healthy eating, including food and keeping the body healthy and explicit healthy-eating learning in Year 1.

- Drugs, alcohol and tobacco, progressing from medicine safety to drug risks, tobacco and alcohol, social norms, decision-making and the law.
- Health and prevention, including hygiene, health, medicines, exercise, sleep and looking after the body.
- Basic first aid, including recognising unsafe situations, knowing when and how to seek help and developing basic first-aid skills. The Vocabulary Progression also explicitly identifies Basic First Aid, including Sepsis Awareness.
- The changing adolescent body, progressing from life stages and body awareness through privacy, puberty, physical and emotional changes, body image and self-esteem.

### **Science and Sex Education**

The school's RHSE Policy distinguishes Relationships Education, Health Education, relevant statutory Science content and Sex Education, and sets out arrangements relating to parental withdrawal from Sex Education.

The RHSE long-term plan identifies 'Sex Education within the Year 6 Growing and Changing' unit.

### **Curriculum Assurance**

Curriculum coverage is considered through the combination of:

RHSE Long-Term Plan

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Skills and Knowledge Progression

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Vocabulary Progression

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RHSE/PSHE Policy and related curriculum provision

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Monitoring of implementation and pupil understanding

This ensures that headline curriculum coverage can be checked against the more detailed knowledge, skills and vocabulary pupils are expected to develop.

For detailed mapping and progression, see 'RHSE Curriculum Coverage and Progression' and 'RHSE Progression at a Glance'.