



PSHE Curriculum Overview (2-year cycle)

CYCLE A	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Eaglets	Me and My Relationships (R)	Valuing Difference (R)	Keeping Safe (R)	Rights and Respect (R)	Being my Best (R)	Growing and Changing (R)
Avocet	Me and My Relationships (Y1)	Valuing Difference (Y1)	Keeping Safe (Y1)	Rights and Respect (Y1)	Being my Best (Y1)	Growing and Changing (Y1)
Goldcrest	Me and My Relationships (Y2)	Valuing Difference (Y2)	Keeping Safe (Y2)	Rights and Respect (Y2)	Being my Best (Y2)	Growing and Changing (Y2)
Lapwing	Me and My Relationships (Y4)	Valuing Difference (Y4)	Keeping Safe (Y4)	Rights and Respect (Y4)	Being my Best (Y4)	Growing and Changing (Y4)
Eagle	Me and My Relationships (Y5)	Valuing Difference (Y5)	Keeping Safe (Y5)	Rights and Respect (Y5)	Being my Best (Y5)	Growing and Changing (Y5)

CYCLE B	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Eaglets	Me and My Relationships (R)	Valuing Difference (R)	Keeping Safe (R)	Rights and Respect (R)	Being my Best (R)	Growing and Changing (R)
Avocet	Me and My Relationships (Y2)	Valuing Difference (Y2)	Keeping Safe (Y2)	Rights and Respect (Y2)	Being my Best (Y2)	Growing and Changing (Y2)
Goldcrest	Me and My Relationships (Y3)	Valuing Difference (Y3)	Keeping Safe (Y3)	Rights and Respect (Y3)	Being my Best (Y3)	Growing and Changing (Y3)
Lapwing	Me and My Relationships (Y5)	Valuing Difference (Y5)	Keeping Safe (Y5)	Rights and Respect (Y5)	Being my Best (Y5)	Growing and Changing (Y5)
Eagle	Me and My Relationships (Y6)	Valuing Difference (Y6)	Keeping Safe (Y6)	Rights and Respect (Y6)	Being my Best (Y6)	Growing and Changing (Y6)