
St. John's Stonefold C.E. Primary School

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Head Teacher: Mr P Burns

Rooted and Established in God's Love: Nurture, Grow, Fly (Ephesians 3: 17-19)



6th February 2026

Dear Parent(s)

Re: Fasting

The Muslim month of Ramadan will soon begin, and we are aware that some children will want to fast during this time. School is fully supportive of this and respect the dedication it takes, especially at this time of year. Children in **Year 6** can do a full fast but children younger than that may do a partial fast, but ideally, such types of fasting should be under parental control and outside of school hours. Special requests for children in other year groups to fast will be considered by the headteacher.

If your child would like to fast for the month of Ramadan, please sign the form below to provide permission for them to do this and return it as soon as possible. If your child is fasting, they can spend the dinner hour on the yard or go home for their lunch hour each day. **If they are going home, they must be collected by an adult at the school office each lunch time (12pm prompt) to sign them out and then returned to the school office by an adult promptly for their afternoon lessons at 1 pm (not before).**

We wish all our families who are fasting during this time a happy and holy month of Ramadan.

Yours sincerely

P Burns

Mr P. Burns

Headteacher

Fasting

I give permission for my child _____ to fast during the month of Ramadan and they will/will not be collected and returned to school by an adult each day.

Signed: _____ Date: _____

School Vision:

Our vision is to live and grow together as a loving church school family, who celebrate one another's individuality. Built upon our shared Christian values, St John's provides our children with teaching of a bespoke and innovative curriculum, empowering them to flourish with the knowledge and skills for life. From our vision, We inspire our children to have uncompromising aspirations and to thrive and succeed.



Empathy Aspiration Generosity Love Endurance

